



# Social and Emotional Learning for Educators

## Course Overview:

This course will provide an introduction to social and emotional learning with a focus on the five core competencies, unconscious bias and how best to integrate this learning into your practice.

## Who Should Take the Course?

The course is for teachers, educational assistants and school support staff to increase knowledge of behavioural and cognitive skills related to character education, youth development, and behaviour.

## Course Objectives:

This eLearning course will provide an introduction to social and emotional learning by way of learning about the following:

- The concept of SEL and its 5 core competencies
- Your personal SEL skills and opportunities
- How unconscious biases can impact on teaching, and the importance of actively seeking to understand and address the cultural or social realities of diverse individuals, groups, and communities
- General strategies to implement SEL in ways that best support respect, equity, and inclusion

## Evaluation Process:

There is one module to the training, and at the end of the module there is a knowledge evaluation. Participants must successfully complete the evaluation before completing the course. Participants that do not achieve a passing score of 80% can review the module content and try as many times as necessary to advance and complete the course.

*Upon successfully completing all modules, there is a printable certificate for your records.*

## Course Duration:

This online course is self-paced. Participants may leave the course at any time and can resume where they left off. The duration will depend on the individual participant and their prior knowledge of the subject matter. On average, the course will take about 1-2 hours to complete.